

THU 3.02 DAY

THU WORKSHOPS		THU DAY-SOCIAL	
TIME	SIDE ROOM LEVEL +1	TIME	SOCIAL SPACE +1
		16:00 - 18:00	Xearo
		18:00 - 19:30	Sasha X
18:00 - 21:30	Bruna & Felipe LAMBADA ELEMENTS IN ZOUK	19:30 - 21:00	Alexx

JNJ SCHEDULE

JNJ REGISTRATION: Sat 5 Feb, 11:00am
All registration must be complete by Sat 11:00 am
(BIBs can be collected on Saturday after 10:30 am)

JNJ PRELIMINARIES: Sat 5 Feb
JnJ Warmup & Judges Meeting 2:30 - 2:45 pm
Novice & Intermediate Preliminaries 2:45 - 5:30 pm
(all competitors must be ready with their BIBs by 2:45 pm)

JNJ FINALS: Sun 6 Feb
JnJ warmup & Judges Meeting 2:30 - 2:45 pm
Novice & Intermediate Finals 2:45 - 5:30 pm
(all competitors must be ready with their BIBs by 2:45 pm)

JNJ AWARDS: Sun 6 Feb
Awards: Novice & Intermediate 00:00 am

Thu, Fri, Sat & Sun Location:
Sangate Hotel Airport
Address: 17 Stycznia 32
(street name changed to:
Komitetu Obrony Robotników 32)

LEVELS

IMPROVER/INTERMEDIATE (focus on developing and improving all the zouk techniques, there will be rotation in couples)
ADVANCED (the pace will be fast, recommended min. 1.5 years of classes, being comfortable with the headmovement technique is required!, there will be rotation in couples)
ADVANCED+ (the pace will be the fastest, no rotation in couples, make sure you've got a partner at your level for this class)
BRUNA & FELIPE INTENSIVE - LAMBADA ELEMENTS IN ZOUK (not included in the full pass, no rotation in couples)

FRI 4.02 DAY

FRI WORKSHOPS			FRI DAY-SOCIAL	
TIME	MAIN ROOM LEVEL +1	SIDE ROOM LEVEL +1	TIME	SOCIAL SPACE +1
12:00 - 13:00	Marti & Natalia PASSIVE HEAD MOVEMENT for followers and leaders	Anna & Aleksandr BODY MOVEMENT soft isolations	12:00 - 13:30	Zensy
13:10 - 14:10	Bruna & Felipe Develop FOUNDATIONS to a higher level	Ignac & Magda VIRADINHA IN CLOSE EMBRACE with headmovement	13:30 - 15:00	Sapirinha
14:20 - 15:20	Walter & Larissa Playing with the ARMS	Michał & Ola DIVE into DIVE	15:00 - 16:30	Efosa
15:20 - 16:20	LUNCH		16:30 - 18:00	Brixx
16:20 - 17:20	Walter & Larissa TECHNIQUE 1+1	Jitka & Jiri TRAVELING footwork in space	18:00 - 19:30	Junyuan
17:30 - 18:30	Bruna & Felipe HEAD MOVES axis variations	Wiktor & Ola HIPS ON BEATS	19:30 - 21:00	ZoukTurtle
18:40 - 19:40	Marck & Melyssa FLUID HEAD MOVEMENT with accents	Renato & Ania LATEST MOVES		
19:50 - 20:50	Kunio & Pati SPINS shiny motions	Piotr & Zuzanna REVERSE HEAD MOVEMENT in close embrace		
21:00 - 21:30	YOGA FOR RELAXATION & STRETCHING with Ania Bul			

SAT 5.02 DAY

SAT WORKSHOPS			SAT DAY-SOCIAL	
TIME	MAIN ROOM LEVEL +1	SIDE ROOM LEVEL +1	TIME	SOCIAL SPACE +1
11:00 - 12:00	Brajan & Kasia CIRCULAR HEADMOVEMENT in reverse bonus - with	Rafael & Nikita BALÃO APAGADO	12:00 - 13:30	Sens
12:10 - 13:10	Bruna & Felipe working with LINE VARIATIONS	Akash & Julia PRACTICAL MUSICALITY in use	13:30 - 15:00	Hannah
13:20 - 14:20	Walter & Larissa 3 types of FOOTWORK	Marck & Melyssa ANGLES & DIRECTIONS	15:00 - 16:30	Artus
14:20 - 17:30	JNJ	LUNCH	16:30 - 18:00	Dunaj
17:30 - 18:30	Pedrinho & Linda BEATS, FLICKS AND HITS	Walter & Larissa HORIZONTAL TURN	18:00 - 19:30	Avik
18:40 - 19:40	William & Paloma ELASTIC AND COMPRESSION Exploring	Pedrinho & Linda Fun, flow, FOUNDATIONS	19:30 - 21:00	Zensy
19:50 - 20:50	Marck & Melyssa FAVORITE MOVE	William & Paloma FOOTWORK AND TRAVELING		
21:00 - 21:30	YOGA FOR RELAXATION & STRETCHING with Ania Bul			

SUN 6.02 DAY

SUN WORKSHOPS			SUN DAY-SOCIAL	
TIME	MAIN ROOM LEVEL +1	SIDE ROOM LEVEL +1	TIME	SOCIAL SPACE +1
11:00 - 12:00	Pati & Luke ORGANIC FLOW	Vera FOLLOWERS TECHNIQUE & STYLING	12:00 - 13:30	Brixx
12:10 - 13:10	Pedrinho & Linda Exploring and playing with FOUNDATIONS	Dominik & Monika DIVE VARIATIONS	13:30 - 15:00	Fernando
13:20 - 14:20	William & Paloma FLUID HEAD MOVEMENT	Pedrinho & Linda STYLING, SWAG & SWITCH	15:00 - 16:30	Looz & Muse
14:20 - 17:30	JNJ	LUNCH	16:30 - 18:00	Zensy
17:30 - 18:30	Marck & Melyssa REVERSED HEAD MOVEMENT	William & Paloma SOFT BODY ISOLATION	18:00 - 19:30	Junyuan
18:40 - 19:40	Walter & Larissa MUSICAL RULE OF 5	Bruna & Felipe Interfusion between MODERN and TRADITIONAL	19:30 - 21:00	Rafael
19:50 - 20:50	Bruna & Felipe Keeping the FLOW during the dance	Walter & Larissa 5 types of SIMPLE TURN		
21:00 - 21:30	YOGA FOR RELAXATION & STRETCHING with Ania Bul			

WED NIGHT

2.02.2022 WEDNESDAY NIGHT-SOCIAL	
TIME	MILLENNIUM LEVEL -1 BIG ROOM
22:00 - 23:30	SoulZ
23:30 - 01:00	Viking
01:00 - 02:30	Sasha X
02:30 - 04:30	Frost

Location: Atlas Tower (Millennium Plaza) level-1
Address: Al. Jerozolimskie 123a, there are 2 entrances (from the front and from the side)

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THU NIGHT

3.02.2022 THURSDAY NIGHT-SOCIAL	
TIME	SOCIAL SPACE LEVEL +1
21:00 - 22:30	ZoukTurtle
22:30 - 00:00	WinX
00:00 - 01:30	Power
01:30 - 3:00	Sapirinha
03:00 - 04:30	Ignac
04:30 - 6:00	Efosa

FRI NIGHT

4.02.2022 FRIDAY NIGHT-SOCIAL		
TIME	MAIN ROOM LEVEL +1	SOCIAL SPACE LEVEL +1
21:00 - 22:30	(stage rehearsal 21:30 - 22:30)	Fernando
22:30 - 00:00	Viking	SoulZ
00:00 - 00:30	SHOWS Lady Kuna Anna & Siuszanna The Beetles The Flying Machines	----
00:30 - 2:00	Vera	Zeal
2:00 - 3:30	Craanky	Alexx
3:30 - 5:00	Beija-flor	El Piedro
5:00 - 6:30	Dunaj (might be extended till 7:00)	----

SAT NIGHT

5.02.2022 SATURDAY NIGHT-SOCIAL		
TIME	MAIN ROOM LEVEL +1	SOCIAL SPACE LEVEL +1
21:00 - 22:30	(stage rehearsal 21:30 - 22:30)	Looz & Muse
22:30 - 00:00	Ignac	Craanky
00:00 - 00:30	SHOWS Warsaw Zouk Company Julia & Akash Bailarte Zouk Team Vera Ladies Team Bruna & Felipe	----
00:30 - 2:00	Alexx	Viking
2:00 - 3:30	Zeal	Beija-flor
3:30 - 5:00	Paloma	Rafael
5:00 - 6:30	Xearo (might be extended till 7:00)	----

SUN NIGHT

6.02.2022 SUNDAY NIGHT-SOCIAL			
TIME	MAIN ROOM LEVEL +1	SOCIAL SPACE LEVEL +1	SIDE ROOM
21:00 - 22:30	(stage rehearsal 21:30 - 22:30)	El Piedro	
22:30 - 00:00	WinX	Avik	
00:00 - 00:30	SHOWS Team Pati & Luke SoZouk Team ConFladies Jaleby JNJ Awards	----	
00:30 - 2:00	William	Dunaj	Paloma 1:30 - 3:00 AM SPECIAL WORKSHOP
2:00 - 3:30	Power	Hannah	
3:30 - 5:00	Xearo	Sens	
5:00 - 6:30	Viking (might be extended till 7:00)	----	

Party dress code: WHITE PARTY! Wear as much white as possible! :)

MON NIGHT

7.02.2022 THURSDAY NIGHT-SOCIAL	
TIME	MILLENNIUM LEVEL -1 BIG ROOM
22:00 - 23:30	SoulZ
23:30 - 00:30	Power
00:30 - 02:00	Frost
02:00 - 03:30	Zensy
3:30 - 4:30	Xearo

Location: Atlas Tower (Millennium Plaza) level-1
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